

# Personal Plan

What do you envision for your life? *(set a timeframe if it helps focus the answer)*

---

---

---

What is driving you to consider starting your own business?

---

---

---

How do you envision starting this business will change your life?

---

---

---

What are your core values?

---

---

---

What are your goals?

Short Term

Long Term

Short Term	Long Term

What do you need?	Why do you need it?	How will you accomplish it?

What do you want?	Why do you want it?	How will you accomplish it?

What are your challenges?

How will you overcome each challenge?

What are your challenges?	How will you overcome each challenge?

**What do you really like doing...**

**What do you really dislike doing...**


**What are you really good at.... (strengths)**

**What are you not good at... (weaknesses)**


**How will your efforts impact others?**

**Positive Impact**

**Negative Impact**


**What do you fear? How does this help or hinder your efforts?**

---

---

---

---

**What causes you stress?**

---

---

---

---

**What are the best ways to relax, regroup and be personally sustained?**

---

---

---

---

**How will you support your lifestyle for the next 3-5 years?**

---

---

---

---

*Whether you think you can or you think you can't, YOU'RE RIGHT!  
Henry Ford*

## Eight Forms of Wealth (Capital)

What Do You	Have Now? <i>Current State</i>	Need To Get? <i>Future State</i>
<b>Personal</b> <i>(Time, health, freedom, peace, spirituality, autonomy, joy, relaxation)</i>		
<b>Financial</b> <i>(cash, stocks, bonds, loans, retirement fund, trust)</i>		
<b>Material</b> <i>(Land, buildings, equipment, vehicles, stuff, technology)</i>		
<b>Living</b> <i>(Plants, fish, water, bacteria, soil, animals, environment)</i>		
<b>Intellectual</b> <i>(Knowledge, instinct, skills, critical thinking)</i>		
<b>Experiential</b> <i>(Planning, building, fixing, doing, solving problems)</i>		
<b>Social</b> <i>(communication, personality, creativity, style, connection)</i>		
<b>Cultural</b> <i>(community connection, the greater good, interdependence)</i>		

	<b>Operating “Capital”</b>	<b>Measuring Success</b>
<b>Personal</b> <i>(Time, health, freedom, peace, spirituality, autonomy, joy, relaxation)</i>		
<b>Financial</b> <i>(cash, stocks, bonds, loans, retirement fund, trust)</i>		
<b>Material</b> <i>(Land, buildings, equipment, vehicles, stuff, technology)</i>		
<b>Living</b> <i>(Plants, fish, water, bacteria, soil, animals, environment)</i>		
<b>Intellectual</b> <i>(Knowledge, instinct, skills, critical thinking)</i>		
<b>Experiential</b> <i>(Planning, building, fixing, doing, solving problems)</i>		
<b>Social</b> <i>(communication, personality, creativity, style, connections)</i>		
<b>Cultural</b> <i>(community connection, the greater good, interdependence)</i>		
<i>Adapted from: 8 Forms of Capital – Published in Permaculture Magazine #68 ©Copyright 2011 Ethan Roland &amp; Gregory Landua</i>		